

## Do you want to know about compression stockings or support hose?

Compression stocks are the long socks worn from foot to the thighs or knees. They are made up of elastic material that is strong enough to apply the force on the blood to drive it towards the heart.&nbsp;

Who shall not wear compression socks?

Compressions stocks or suppose hose squeeze the leg muscles and drive the blood towards the heart. It is because of gravity that the blood moving toward the heart might flow backward and causes blood clotting or blood pooling. Compression stockings are not recommended to the diabetic people or those who have decreased blood supply to the legs. They can reduce the blood supply and can lead to further problems.

Are there any complications?

There are no complications related to compression stockings. But the only thing is that they need time to wear or to make the proper adjustments. In some cases the patient might complain of warm legs during hot weather. There are some practices to be kept in mind while wearing it like applying silicon lotion before wearing it, or placing rubber glove on the toe to ease up the work.&nbsp;

Is prescription required before making the purchase?

Yes! The prescription is required before making the purchase. Compression stockings are available with good compression in most of the pharmacies and medical stores. They are available in three different sizes- large, medium, and small. It is easier to wear knee high stockings than the thigh high stockings. One shall take the help of some health worker in measuring the size of the leg to get the best stocking of his size.&nbsp;

There are some non prescription stockings but they do not provide sufficient compression to prevent blood clots or swelling. So it is better to get it only after doctor's prescription.&nbsp;

Are you in the advance or early stage of varicose vein?

If you are not in the advanced stage, compression socks can serve with its advantages. It can turn out to be invaluable in solving number of your problem related to varicose veins. They have been found useful in preventing worsening of varicose vein condition.&nbsp;

They are also found useful in relieving from the pain associated with varicose vein. No doubt, relief from the pain is the key factor during the treatment. It also reduces the unattractive appearance accompanying varicose veins, thus providing help at cosmetic level.&nbsp;

Are you worried of its cost?

Are you worried if it is affordable or not? Yes! The important benefit of these stockings is that they are affordable. It lies in the range of \$30-\$50 per pair. A single pair may last for about 6-12 months. It is better to hand washing these stocking to avoid losing its elasticity.

## About the Author

The website provides information for all those who are worried about the use of [compression stockings](#) or [support hose](#). They are affordable and that too without any complications.

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Source: <http://www.radiumv.com>